

## 4D Health 3

### Table of Cover effective from November 1<sup>st</sup> 2019

This table of cover must be read in conjunction with your member certificate and Tailored Health Plans membership handbook effective from November 2019. The hospitals and treatment centres covered on this plan are set out in List A in Part 12 of your Tailored Health Plans membership handbook.

IN PATIENT BENEFITS	
<b>Hospital cover</b>	
Consultants fees	Covered
Inpatient scans	Covered
<b>Public Hospital</b>	
Semi-private room	Covered
Private room	Covered
Day case	Covered
<b>Private Hospital</b>	
Semi-private room	Covered subject to €75 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
Private room	Covered subject to €75 excess per claim; subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
Day case	Covered subject to €50 excess per claim
<b>High-tech Hospital</b>	
Semi-private room	Covered (Beacon Only) subject to €75 excess per claim. Mater Private and Blackrock Clinic 50% cover
Private room	Covered (Beacon only) subject to €75 excess per claim. 50% Cover in Blackrock and Mater
Day case	Covered subject to €50 excess per claim
Listed cardiac procedures <sub>1</sub>	Covered subject to €75 excess per claim
Listed special procedures <sub>1</sub>	Covered subject to €75 excess per claim subject to €2,000 co-payment on certain orthopaedic procedures <sub>1</sub>
<b>Maternity</b>	
Public hospital cover for maternity	3 nights accommodation
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>2</sup>
Out-patient maternity consultant fees	€500
Home birth	Covered up to €4,000
<b>A&amp;E abroad</b>	
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,000
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Yes
<b>Elective overseas referral</b>	
Benefit abroad for surgical procedures that are not available in Ireland	Yes – up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
<b>Psychiatric treatment</b>	

Not related to substance abuse	100 days
Related to substance abuse	91 days per 5 years

Other inpatient benefits	
Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Post Operative Home Help	2 x 3 hour cleaning sessions
Convalescence benefits	€50 x 15 days
Child home nursing care	€100 x 14 days (following inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day for up to a maximum of €1500 per calendar year
Gender reassignment benefit	50% up to €10,000 per lifetime
Genetic Testing: Initial consultation	50% cover
Genetic Testing: Test for specified genetic mutations	Covered in approved clinics with our approved consultant
Healthy Minds	Online access to mental health assessments and content and up to 6 counselling sessions via phone, chat, video or face to face
Medical ambulance costs	Covered, if certified as being medically necessary

OUT PATIENT BENEFITS – not subject to excess	
Nurse-on-call	Yes
Digital Doctor	Unlimited. See <a href="http://irishlifehealth.ie">irishlifehealth.ie</a> for further information.
Minor Injury Clinic Cover	75% up to €400 per visit
Minor Injury Clinic Cover (HSE)	75% up to €400 per visit
HPV Vaccine	50% up to €200 per policy year
Nutrition Recovery Benefit	€50 contribution
Health screening & allergy testing	Up to €200 per policy year
Psychotherapy and counselling benefit	50% up to 12 visits capped at €1,000 per policy year
Out-patient scan cover (in approved centres)	
PET-CT	Covered
MRI	Covered
CT	Covered

OUT PATIENT BENEFITS – subject to excess	
Individual excess	€1
Maximum amount of outpatient benefits per member per policy year	€4,000
Consultant fees	50% per visit, unlimited
Public A & E cover	50% up to €50 per visit

Psycho-oncology counseling	50% up to €25 x 8 visits
Manual lymph drainage	50% up to €25 x 5 visits
Home nursing	€40 x 20 days
Emergency dental care	Up to €250
Medical and surgical appliances	As per specified list <sub>3</sub> (subject to €200 per person excess)
Pathology-cost of test	50% Covered
Pathology consultant fees	50% As per schedule of benefits for professional fees <sub>2</sub>
Radiology - cost of test	50% Covered
Radiology consultant fees	50% As per schedule of benefits for professional fees <sub>2</sub>

DAY TO DAY BENEFITS	
Individual Day-to-day excess	€1
<b>Day to day Practitioners</b>	
GP visits	50% of each visit
Dentist Visits	50% up to €300 per policy year
Physiotherapy visits	€40 x 7 visits
<b>Allied Health Professionals and Alternative Practitioners</b>	
Acupuncturist	50% x 12 combined visits
Chiropractor	50% x 12 combined visits
Homeopath	50% x 12 combined visits
Massage therapist	50% x 12 combined visits
Osteopath	50% x 12 combined visits
Reflexologist	50% x 12 combined visits
Reiki practitioner	50% x 12 combined visits
<b>Other day to day benefits</b>	
Chiropodist	50% x 12 combined visits
Clinical Psychologist	€25 x 10 visits
Dietician	50% x 12 combined visits
Hearing test	Up to €25 x 1
Nutritionist	50% x 12 combined visits
Occupational therapist	50% x 12 combined visits
Optical (eye test and/or glasses/lenses combined)	50% up to €150 per policy year
Orthoptist	50% x 12 combined visits
Physical therapist	50% x 12 combined visits
Podiatrist	50% x 12 combined visits
Prescriptions	€15 x 5 prescriptions
Speech therapist	50% x 12 combined visits

## Personalised Packages

Choice of 3 Personalised Packages from range of 7

## MEMBER BENEFITS

International Second Opinion Service

Back Up

Laser Eye Surgery

Smiles Dental Access Package

**For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of [www.irishlifehealth.ie](http://www.irishlifehealth.ie)**

## Footnotes

- (1) All procedure lists are available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on [www.irishlifehealth.ie](http://www.irishlifehealth.ie) or available on request by calling Irish Life Health on 1890 717 717.