

WHAT DO YOU GET WHEN YOU JOIN VIGO HEALTH?



CASH BENEFITS FOR EVERYDAY HEALTH COSTS

plus

INSTANT ACCESS TO VIRTUAL HEALTH CARE PROFESSIONALS

How to Claim the Cash Benefits:

- Step 1:** Book an appointment with your healthcare provider
- Step 2:** Pay your healthcare provider directly and keep your receipt
- Step 3:** Upload your receipt on your VIGO Health secure account
- Step 4:** Get your money back directly into your bank account in a few days for valid claims

Not sure where to start your healthcare journey, message our **Nurse Chat** service and let them guide you through the Irish Health Service on your road to recovery.

Book a virtual appointment for a thorough diagnosis with one of our GPs, Physiotherapists or Mental Health Counsellors in our **Virtual Clinic**

Or simply **Ask A Doctor** for clinical advice and get your response in just a few minutes via WhatsApp

Benefit Type	Benefit Amount
Nurse Chat	Unlimited chat for clinical and health access advice and Info
Face to Face GP & Prescriptions	Covered up to €200 per policy year.
Face to Face Physiotherapy	Up to 10 visits – fully covered.
Face-to-Face Mental Health Counselling	Up to 10 visits – capped at €400.
Minor Injury Units	First 2 visits, fully covered. 50% for subsequent.
Virtual GP	Unlimited appointments, 24/7.
Virtual Physiotherapy	Up to 10 visits – fully covered.
Virtual Mental Health Counselling	Up to 10 visits – fully covered.
Dentist	€40 x 7 visits.
Consultant Fees	Up to €500 per policy year.
Complementary Therapists	€50 x 10 visits combined across 13 specialties.
Ask A Doctor	Unlimited Messages to Irish based doctors 24/7
Scans (MRI & CT)	Fully covered in approved centres.
Pathology & Radiology (Bloods & X-rays)	Covered up to €300 per policy year.
Optical	50% up to €100 per policy year.
Health Screens	Up to €100 per policy year.
At home lipid / iron test	Up to €45 per policy year.
At home STI screening	Up to €45 per policy year.
Mindfulness Course	€50 contribution.
Pre & Post Natal Medical Expenses	Up to €200 per policy year
International A&E Inpatient Cover	Covered up to €25,000 – pay & claim.



NURSE CHAT

Got a niggler? One of those issues you keep meaning to get checked? Chat with one of our experienced nurses by WhatsApp, Facebook Messenger or online chat.

They can advise and help you with your health queries. No appointment necessary, just start a chat today.



VIRTUAL CLINIC

Get fast remote access to a GP, a physiotherapist, a mental health counsellor. You can do video calls or talk on the phone - all from the comfort of your own home or anywhere else you fancy.

Pick a time that suits you. And we'll do the rest.



ASK A DOCTOR

If you have a health question and want to check with a doctor before making a full appointment, you can send a message to a doctor 24 hours a day and get a response within a few minutes.

You can message a doctor via WhatsApp, Facebook Messenger or via your secure VIGO Health customer account.

Got Questions? Chat online or email us at support@vigohealth.ie

The VIGO Cash Plan is underwritten by Irish Life Health dac and includes the virtual clinic and cash back for everyday health costs. Irish Life Health dac is regulated by the Central Bank of Ireland.

The Nurse Chat and the Ask A Doctor are not part of the regulated product. Terms and conditions apply. Information correct at July 2021.